

Green Machine Mocktail

Ingredients (makes 6 mocktails):

- 1 english cucumber, peeled, seeded, and chopped
- 4 sprigs of mint, de-stemmed
- Juice of 2 limes
- ¼ cup sugar
- ¼ tsp coarse sea salt
- 3 ½ cups filtered water
- 1 cup ice

Instructions:

- Prep your cucumber: Peel the cucumber. To seed a cucumber simply cut it in half and use a spoon to scoop out the seeds. Coarsely chop up your cucumber and put it in your blender.
- Remove the mint leaves from the stems and add them to the blender.
- Add the remainder of the ingredients to the blender and blend on high until the limeade is completely liquified and mixed.
- Serve immediately over ice and garnish with mint, a slice of cucumber, and a lime wedge.
- Enjoy cold!

Source: <https://soletshangout.com/cucumber-mint-limeade-celebrating-pure-ellas-virtual-baby-shower/>

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